

## Snail Water

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*Take a peck of garden snails heap'd up & be careful [that] none of them are dead. Keep stirring them in a bole (bowl) of beer and as the froth riseth take it of[f], change the beer & doe thus will you find [that] they are clean.*

*Then put them into sieves for draining & when the beer is run from them, put them into a large coarse cloth, & rub them well till they are dry. Take 2 quarts of earth worms, cut them into little bits & shour (shower) them with beer & salt and when you finde them clean, wash them 2 or 3 times with beer to take out the salt then put all the worms & snails into a great wooden Bole (bowl), and put into them 4 quarts of Rosemarie flowers alsoe of wood fennel Bittanie Agrimenie, the inner bark of a Barberie tree, red dock root. Mix of each 4 great handfulls, Rue and Bears foot (type of plant) of each 2 handfulls, ½ pound Hartshorn, .. of Saffron, 2 drams of cloves, [fenugreek] & Turmerick of each an ounce in powder.*

*Then beat all these well together with a wooden pestle, [then] take the pot you will distill in and lay at the bottom Angelica and Celandine of each 4 handfulls. Lay it at the sides & at bottom of your pot soe that none of the other things maytouch the pot for if they doe it will burn.*

*[Then] put all out of the bole (bowl) into the pot, pour in .. Ale gently 3 galloons (gallons) of the strongest spirit of Ale, or only put in your Alembick (vessels for distilling liquids), past[e] it on with [Rice] paste. You must not stir your pot after those things are in. The pot you distill in must hold eight, nine gallons.*